Equipment Used For Food Preparation

252 41 [251] Equipment used for food preparation by 11 families participating in the dietary study: clay stove; pots and covers of clay, light weight aluminum, and enameled iron; frying pans, curved, of sheet iron, with home-made wooden handle on one side, or metal handles on opposite sides (shallow clay pans were also used for frying); basins, pails, chopping boards; grater for coconut: a metal, toothed instrument mounted on one end of a low wooden stool (often called a "wooden rabbit" because the seat of the stool might be shaped like a rabbit); mortar of pottery or stone; wooden pestle; fiber strainers usually with rigid handles, to hold them in place on top of a pot; a large-bladed all-purpose knife; in some households, one or more smaller knives; metal turner, with home-made wooden handle; spoons, with bowls of coconut shell, gourd or wood; tin cans for dipping, measuring rice, etc.; fiber trays used for winnowing rice, for drying food, storing dried chilies, onions, etc.; metal tray for serving food to priests, and for household use; baskets for storing food; (5)faa-(1)chii, or fiber cover, to keep flies and insects off cooked food; large earthenware water jars.

[184] Other items less often used, and owned by relatively few families in Bang Chan, included: steamer; a perforated clay pot or metal pan with cover, designed to fit tightly into another pot in which water was boiled; large wooden mortar, made of a hollowed tree trunk; spring-type egg beater (a strong spiral spring attached to a stick); scale; glass water jars.

Equipment Used in Serving Food and Eating

264 412 415 The equipment for serving and eating food might include: flat bottomed bowls with a deep edge, similar to Western-style soup plates, used as individual rice bowls; plates; small bowls for "with-rice" dishes; sauce dishes with stand, for chili sauce; enameled iron or china spoons (Chinese type) used for serving moist foods; forks, used by some families on special occasions;[1] teapot and cups; large rice bowl for ceremonial use (silver or aluminum); large brass spoon with serpent-tail handle, for serving rice; drinking glasses; tiered lunch pail; canteen; thermos bottle.

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1. A relatively poor family (Sharp et al. 1953, p. 223) had one pair of fork and spoon for eating.